—WESTCHESTER'S OLDEST AND MOST RESPECTED NEWSPAPERS —

# YONKERS RISING

Vol 108 Number 41

www.RisingMediaGroup.com

Friday, October 11, 2013

## **Columbus Day Festivities: Celebrating Yonkers Style**



Mayor Mike Spano with Miss Columbus 2013 Francesca Annunziata and her parents, Joe and Lisa Annunziata. Photo by Ed Whitman.

#### By Dan Murphy

Mayor Mike Spano and the Yonkers Columbus Day Celebration Committee, led by President Robert Ferrito, held several events last week leading up to the xxth annual Yonkers Columbus Day Parade held Sunday, Oct.

Spano hosted an Italian coffee reception in the Mayor' Reception Room on Oct. 2. There, he congratulated Miss Columbus 2013 Francesca Annunziata, who was born in Yonkers and attended Ursuline High School, and is now a senior at Iona College. Annunziata is fiercely proud of her Italian heritage and traces her

roots to Naples, Sicily and Frosinone, and is the 50th Miss Columbus Yonkers.

The Columbus Day Celebration Committee held its annual dinner/dance before the parade at Westchester Manor. Honored at the dinner were Francesco Colaiacovo, who received the Humanitarian Award; and Judith and Marlaina Koller, who were Hall of Fame recipients.

Many Yonkers dignitaries and proud Yonkers Italian-Americans joined in the weekendlong celebrations, which was topped off by another great Columbus Day Parade along Midland Avenue.

See pictures from the parade next week.

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## Can a Third Party or Write-in **Candidate Win a Council Seat?**



#### By Dan Murphy

Can you win elective office in the City of Yonkers without running on the Democratic or Republican line?

When was the last time a minor party, or Independent Party candidate won a seat on the

Deierlein could not remember a candidate for mayor or council winning without the Democrat or Republican line. Former Mayor Angelo Martinelli may have come the closest, forming a party line to run against Republican Pete Chema and Democrat

Yonkers City Council? Former City Clerk Joan

Terrence Zaleski in 1991. Zaleski won, but Martinelli got 30 percent of the vote on a third party line. Many third party candidates have run for mayor in Yonkers in addition to Martinelli, in the 1970s and 1980's, but did not win.

Can any of this year's crop of six candidates break through?

Nineteen-year-old Brandon Neider is running for City Council in the Fourth District (against Republican Dennis Shepherd and Democrat Tim Theotokatos). Neider, a graduate of Lincoln High School and a student at Westchester Community College, collected enough signatures – 600 – to form his own party, which he calls the New York State Constituents Party, to appear on the ballot for City Council.

Neider's petitions were scrutinized and challenged, but upheld by the Board of Elections. He said he is running because he doesn't feel that the people of the Fourth District are being well represented by either the Democrats or Republicans.

"I want to be a community-oriented councilman," he said. "I'm running on a third party to avoid the restrictions that come with running for one of the main parties...I'm running in this district because I care for it, I've put a lot into it even though I'm young, but before I even announced my candidacy I knew our neighborhoods, our associations, and our district.

"I can't see why someone would come in and attempt to represent something he has little association to - if any," he continued. "It's like



Jason Hungreder

if I moved to New Rochelle and the first thing I did was run for office with zero knowledge of any thing about the city. Let's even be realistic, when you say you want to lower taxes but increase school funding greatly and bring back or add more services, you are just creating magic money or you're being a typical politician."

As a recent graduate of the Yonkers Public Schools system, Neider said he wants YPS to have additional funding and perform better, but residents have to be realistic on what can be provided right now. "I want to lower taxes, but we must be realistic when we say that; I guaranteed that I will push to cut ridiculous spending when I come across it," he said.

"I don't owe party favors on either end, and I only represent one group and that's the citizens of this district and this city," continued Neider. "I'm a candidate who's really integrated with the community not the political system. That's why I'm running for City Council, and why I believe I should be our City Council member for this dis-

Neider has received the endorsement from Local 200 United Service Employees Interna-

He gained a lot of press from other media outlets over the summer, so we shied away from covering his campaign. But we congratulate Neider most for collecting enough valid signatures and forming his own party line. That is a good accomplishment for anyone at any age, and Brandon deserves his day in Yonkers Rising.

Two candidates who are still running in November had difficulties collecting enough valid

Jason Hundreger is running in November on the Working Families Party in the Sixth District (against Republican candidate John Larkin). Hundreger was the Democratic nominee but failed to submit enough valid signatures to stay on the bal-

After getting knocked off the Democratic ballot, Hungreder vowed to continue his cam-Continued on Page 4

# Yonkers Stands Up to Domestic Violence with Annual Vigil



Carol Bengis, back row third left, founder of the Domestic Violence Candlelight Vigil; with, to her right back row, Michael Rotanelli, Council President Chuck Lesnick, Deputy County Executive Kevin Plunkett, Councilman Christopher Johnson, and volunteers from My Sister's Place.

Yonkers City Council President Chuck Lesnick and Mayor Mike Spano sponsored the eighth annual Domestic Violence Candlelight Vigil last week, to help to cast a spotlight on domestic violence in order to eradicate it by em-

powering abused women and children. First created in 2006 by Carol Bengis, from

Council President Lesnick's office, the vigil has brought together hundreds of people over the years. "It is a testament to Carol's dedication to the cause, as both a survivor and an activist, that we have helped to save lives and spread the word that this crime will not be tolerated," said Lesnick

The vigil drew many survivors and concerned citizens to the Council Chambers to hear powerful messages from advocates of My Sister's Place, Victims Assistance Services and Safer teens. Participants were also joined by Westchester Deputy County Executive Kevin Plunkett, state Assemblywoman Shelley May-

Leader Wilson Terrero, Councilmembers Christopher Johnson and Michael Sabatino, and members of the Yonkers Human Rights Commission. Representatives of State Sen. Andrea Stewart-Cousins, and County Legislature Chairman Ken Jenkins, also made remarks.

er, Deputy Mayor Sue Gerry, Council Majority

# **Art Exhibit to Feature the Modernism of NY's Rivers**



Leon Kroll, Queensborough Bridge, 1912



Georgia O'Keeffe, East River from the Shelton (c.1927 – 28)

Billowing smoke, booming industry, noble bridges and an epic waterfront are the landscape of New York changing and growing in the first 40 years of the 20th century. "Industrial Sublime: Modernism and the Transformation of New York's Rivers, 1900-1940" will be on display Oct. 12 through Jan. 17 at the Hudson River Museum in Yonkers, showing the convulsive changes in the New York metropolis and its rivers that are embraced in modern paintings from Robert Henri to Georgia O'Keeffe.

Industrial Sublime takes a first-time look at the links between American Modernism and Hudson River School painting. The ideals expressed in thousands of Hudson River School canvases from the 1820s through the turn of the century expressed a vision that many artists clung to decades after great physical change to the region's landscape.

Other artists, however, some from the Ashcan School, eagerly turned toward the Machine Age, and painted, not majestic mountain ranges, but arching bridges, swinging cranes and streamlined ocean liners moving in and out of the city's harbor. In hailing the new, these artists created a fresh vocabulary for their century.

Industrial Sublime includes more than 70 works from museums around the country. The exhibition is co-curated by Kirsten Jensen, and Bartholomew Bland, director of curatorial affairs at the Hudson River Museum. Industrial Sublime is accompanied by a fully-illustrated companion catalogue. The exhibition and its catalogue are the fifth in the Hudson River Museum's series "The Visitor in the Landscape."

Experience Industrial Sublime four ways with artist-led workshops in three different mediums.

On Oct. 16, design and print "reliefs" using patterns popular in paintings from the 1940s with artist Pepe Coronado. Then, on Oct. 23, collage a city with Courtney Wrenn using the "wet-tear" paper montage process. Last, on Oct. 30, use watercolor to blend the natural elements of the Hudson River with man-made buildings and bridges led by Alison Moritsugu.

All programs take place from noon to 1:30 p.m. at the Hudson River Museum, 511 Warburton Ave., Yonkers, and are for ages 16 and older. The cost is \$5 per session. Coffee and cookies will be provided, but participants are encouraged to bring a bagged lunch.

For more information, go to www.hrm.org, or call 914-963-4550.

#### Jen Chapin Trio Comes to Urban H2o Music Series



The Jen Chapin Trio

Urban H2O is a "rockin' roots and folk music series" now in its fourth season, going strong, on the shores of the Hudson River in Yonkers. The Jen Chapin Trio will perform Saturday, Oct. 19.

Concerts take place on the third Saturday evening of every month at Beczak Environmental Center, 35 Alexander St. Ticket and \$10 and include beer from event sponsor, Captain Lawrence Brewery; bring your own mug!





Kick off the fall season with our 5th Annual Fall Harvest Festival!

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# A Haunted Halloween Weekend at the HRM



An antique photo of Glenview Mansion, which will be "haunted" this Halloween.

The Hudson River Museum will host "Halloween Science" on Saturday, Oct. 26 from 1 to 4 p.m., featuring glowing ooze, ghostly shadows and creepy mists!

Hands-on spooky science demonstrations will be led by museum staff, and kids can learn science tricks and turn Halloween into a spectacle to remember.

On both Saturday and Sunday, Oct. 26 and 27, museum patrons can enjoy Halloween festivities treats from 1 to 4 p.m.

Make a scarecrow to decorate Glenview's courtyard using clothes provided by the museum,

or bring old clothes of your own. Walk through a Haunted Glenview and see the ghostly historic home decorated in a spooky fashion.

Go trick-or-treating at the museum on Halloween, Thursday, Oct. 31 from 4:30 to 7 p.m. A costume parade and performance by Nepperhan Community Center's drum line will kick of the fun, and a spooky walk through Haunted Glenview will follow.

Programs are free with museum admission. The Hudson River Museum is located at 511 Warburton Ave., Yonkers. For more information, go to www.hrm.org or call 914-963-4550.

#### Miss Kat's Halloween Party at Riverfront Library

The Yonkers Riverfront Library Children's Department will host its annual free Halloween party Thursday, Oct. 24 from 4 to 5:30 p.m. on the second floor of One Larkin Center, where kids can play spooky games, groove to frightening music, and receive a

gruesome treat bag

Miss Kat's Halloween party is for children ages 8 to 12 and is limited to 30 children.

Reservations are being accepted but are not required. For more information, call 914-337-1500, ext. 428.

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# This, Too, is Westchester To Outer Space

By Eric W. Schoen

After last week's good news column, we come "back to Earth" and talk about reality.

Wait a minute! Did I say "back to Earth?" Wasn't last weekend's top movie at the box office; "Gravity" with Sandra Bullock and George Clooney orbiting in space? As you will see, this week's column is far from "back to Earth," but is filled with reality.

#### Furloughs and Mission Control

Since I was a child, every time I watched NASA send astronauts into space, I observed several-hundred people sitting in Mission Control in Houston watching television screens. I never knew what they did, but my guess was that these good people were essential to our space exploration.

So with the government furloughing 800,000 people, I was wondering if the folks who watch the television screens in Houston are still working. I did some sniffing around and found that as NASA celebrates its 55th anniversary this week, 97 percent of the employees who work for the agency have been furloughed. Apparently this is among the highest percentage of workers furloughed by any agency in the current government shutdown.

Does this include our friends at Mission

Control? Nope. Mission Control is open for business, providing support to U.S. astronauts living in the International Space Station. I am in no way marginalizing their work, but this speaks to the insanity surrounding the current government debacle.

At the same time that our government has

been effectively shut down, our representatives in Washington, D.C. pass a bill guaranteeing retroactive pay to the furloughed workers when this mess gets resolved? The poor workers are pawns in this fiasco, and sadly, many of those who were not furloughed and are working don't know when they will get paid.

These people have mortgages: they have

These people have mortgages; they have car payments; their families eat food just like your family does. It's bad enough that the furloughed workers have been labeled "non-essential" – that in itself is humiliating, even though many of them perform services that we rely on every day.

What are the Republicans in Washington, D.C. hoping to accomplish? They don't want



Eric W. Schoen

to pay government workers now but unanimously agree to pay them later? Their game plan makes absolutely no sense to me. All they are doing is playing a dangerous game with people's lives.

If some members of Congress wanted to stop Obamacare or make changes to the law, they had many opportunities over the last three years. Let's not forget that our members of Congress have the finest health care – and during the

government shut down they continue to get paid.

We now live in a country that is the laughing stock of the world. And this week we have China worried about the U.S. defaulting on the \$1.3 trillion U.S. Treasury bonds it owns.

I am shedding no tears for China. My tears are saved for the United States of America.

#### **Hot Topics Galore**

Folks over at the Transportation Safety Administration who protect our air travels let a 9-year-old boy get on a plane and fly from Minneapolis to Las Vegas. Maybe we should furlough some of the TSA folks who clearly are not doing their jobs.

Stagehands at Carnegie Hall get paid

Stagehands at Carnegie Hall get paid \$400,000 a year! Nice work if you can get it! Remember the \$400,000 employees next time you get solicited for funds to support Carnegie Hall.

As I watched the first Westchester county executive debate last week between Rob Astorino and Noam Bramson, what was I thinking? Where was Dante (DeBlasio) and his 70s afrowhen we needed him? Something has to liven the discourse in the county executive race. The sad reality is that most folks don't know what county government does.

Alex Rodriguez just needs to go away. Maybe we can furlough him forever?

A Connecticut woman attempts to ram a security barrier outside the White House with her car. She strikes a Secret Service uniformed officer, bashes into a barrier by the Capitol, then leads Secret Service and Capitol police (who are working without getting paid as a result of the government shutdown) on a chase, crashing into another barricade. In the midst of this scenario a veteran of the Capitol police crashes his car.

The Capitol is put in lockdown. All of this at the same time that federal employees in

Continued on Page 6



you get through to your teens. Teach your teen how not to get tricked this

Halloween. PowerToTheParent.org.

#### Hudson Valley Afterschool Network To Host Legislative Breakfast

The Hudson Valley Afterschool Network will present a Legislative Breakfast hosted by the Nepperhan Community Center on Friday, Oct. 25 at 8:30 a.m. to discuss the importance of continued and additional funding to after-school programs. Speakers will include Mayor Mike Spano, Superintendent Bernard Pierorazio, Denora Nieves and Sonia Brown.

This is an important opportunity for after-school program providers, legislators and stakeholders to join together and discuss collaborative efforts to ensure that all Hudson Valley children have the opportunity to benefit from high-quality after-school programs, and the critical importance of continued funding. As well,

this is an opportunity for organizations to learn more about HVAN membership and benefits, and hear how the New York State After-School Network is working to advance the after-school and expanded learning field in New York.

HVAN's mission is "to promote excellence in after-school programs through advocacy, collaboration, and professional development."

To RSVP for the breakfast, or for more information about HVAN, contact Dr. Jim Bostic, executive director of the Nepperhan Community Center, at 914-965-0203 or ncc\_jim@yahoo.com.

For more information about NYSAN, visit www.nysan.org.

## **CWA Local 1103 Backs Theotokatos Campaign**

Tim Theotokatos, Democratic candidate for Yonkers City Council in the Fourth District, has officially been endorsed by the Communication Workers of America, Local 1103.

"It is truly an honor to have received the endorsement of CWA Local 1103," he said. "Each and every day, CWA members fight to preserve and create strong middle-class jobs. I am honored to be counted among their supporters and once I am a member of the City Council, I will fight to make sure their concerns are brought to the table during discussions that affect their membership."

"Our members have fought for the hardworking men and women of both the public and private sectors," CWA Local 1103 stated. "The people of Yonkers need another strong advocate on the City Council that is willing to stand for the middle-class. Tim is that advocate and we are confident he will bring a new level of energy and dedication to the City Council."

To date, Theotokatos has also been endorsed by the Yonkers Democratic Committee, the Working Families Party, Assemblywoman Shelley Mayer, Sen. George Latimer, the Westchester/Putnam Central Labor Body and the Yonkers Federation of Teachers.

"We have received overwhelmingly positive support thus far," he said. "As we continue to knock on doors, I know the support we have received from our partners will be one of the keys to connecting with voters."

#### **Chaminade Presents Violin Duo**

The Chaminade Music Club of Yonkers will present the Black Marble violin duo Karn Marmer and Jörg-Michael Schwarz on Tuesday, Nov. 12 at 2 p.m. at the Grinton I. Will Library, 1500 Central Park Ave., Yonkers; it will last about one hour without intermission.

The program, "Enchanted Journey," will include music by Telleman, Barbella, Locatelli and Mozart, among others. The title of the program is inspired by Telleman's "Gulliver's Suite," which was inspired by Swift's novel.

The violinists of Black Marble are the co-

directors of the internationally-acclaimed baroque ensemble "Rebel," with whom they record and concertize extensively in the U.S. and abroad.

The concert is free for club members and \$5 for non-members. The audience is invited to meet the artists at a reception immediately following the concert.

For more information or directions, call the program chairperson at 914-965-5232, or Co-Presidents Marcia Klein at 914-631-6674 or Judith Skoog at 914-948-6775.

# Can a Third Continued from Page 1

paign on the Working Families Party line.

Grace Borrani's campaign for City Council president continues into November after she was knocked off the Republican line for not having enough signatures, and after losing a Conservative Party primary to Liam McLaughlin. But like Neider, Borrani collected enough signatures to form her own party, named the Every Vote Counts Party, and will be on the ballot Nov. 5.

City Council president candidate Ivy Reeves, who narrowly lost the Democratic primary to Michael Rotanelli last month, announced that she will continue her campaign as a write-in candidate.

In a video posted on YouTube, Reeves thanks the 2,048 Democrats who came out to vote for her for council president in September.

"Every single vote counts. If the Democrats lose the majority on the City Council, things will change and not for the better. We need to do a write-in; there is room on each ballot at the bottom to write my name in – Ivy Reeves – and fill in the circle to the left. Get out and vote Nov. 5. Please get out and vote Nov. 5; this isn't over yet."

While Reeves was pressured to not run a write-in campaign and support the Democratic

nominee for council president, Michael Rotanelli, Reeves told Yonkers Rising: "I feel a sense of responsibility to the 2,000 people who voted for me to continue my campaign and run as a write-in."

Some write-in campaigns are successful; McLaughlin just won a write-in campaign in the Conservative Party primary for council president. But the number of voters increases drastically in a general election, requiring the write-in candidate to get more voters to write in their name.

Delfim Heusler continued his campaign against Republican County Legislator Gordon Burrows. Heusler, a blogger at www.Yonkersinsider.com, is running on the Working Families Party line, with no Democrat in the race, in the 15th District.

Councilman Wilson Terrero is still running on the Independence Party line for re-election to represent the Second District. Terrero narrowly lost the Democratic primary for council to Corazon Pineda.

Terrero, who appeared at a Yonkers Democratic campaign office with Pineda, is still holding out hope that he can win re-election, on the Independence party line.

All six candidates are considered long shots to win their races, but are exercising their right to run for office. Look for their names on the ballot – or write them in – Nov. 5.

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### Hudson River Museum's Upcoming Trips and Events



Take a trip with the Hudson River Museum and tour the Walkway Over The Hudson State Historic Park in Poughkeepsie with volunteer walkway ambassadors Saturday, Oct. 19. Photo courtesy of the Walkway Over the Hudson.



Explore how you get where you want to go in the "Family Studio" with arts and science projects that look at boats, planes, trains and how people travel. Saturdays and Sundays, Oct. 12-13 and 19-20, from 1 to 4 p.m. Photo courtesy of ArchforKids.

The Hudson River Museum will offer some "Family Studio" arts and science projects in the next few weeks.

On Saturdays, Oct. 12 and 19, find out how people travel on the Hudson River; make your own boat or paper airplane and learn what makes them work. On Saturdays and Sundays, October 12 and 13, and 19 and 20, design a subway, an airport or a highway and find out how steel, plastic, concrete and wood affects how you travel.

Projects run from 1 to 4 p.m. at the museum, and are free with museum admission.

The HRM will also host a trip to the Walkway Over the Hudson on Saturday, Oct. 19 from noon to 4:30 p.m. A bus will take participants from the museum to Poughkeepsie for a 45-minute to 1-hour-long walk across the Hudson River

by bridge, 212 feet above water.

The trip will be led by trained volunteer Walkway ambassadors, and the cost is \$25 for members or \$40 for non-members.

The rain date is Oct. 26, and the trip is limited to 26 people; participants are encouraged to bring a lunch.

A "Family Day" will take place Sunday, Oct. 20 from noon to 5 p.m., featuring tours of art projects led by teaching artists in residence (taking place at 1:30 and 3 p.m.), ArchforKids, and readings in the galleries; look up close with Museum Educator Katie Henry.

The Hudson River Museum is located at 511 Warburton Ave., Yonkers. For more information, go to www.hrm.org or call 914-963-

#### **Adoption Seminar is Oct. 23**

A free information session titled "Adoption: Everything You Need to Know" will take place Wednesday, Oct. 23 from 6:15 to 7:45 p.m. at the Yonkers Riverfront Library in Community Room B, at One Larkin Center. No registration is necessary.

This event is open to anyone interested in or involved with the adoption process, including professionals, community members, expectant parents, adoptive or prospective adoptive parents, and adoptees. Learn about the domestic and international adoption process and meet the staff of Forever Families Through Adoption, which is authorized in New York and Connecticut.

For more information, contact Anna at FFTA, at 914-939-1180 or adopt@foreverfamiliesthroughadoption.org, or go to www.foreverfamiliesthroughadoption.org.

Forever Families Through Adoption welcomes all families regardless of race, religion, gender identity, gender expression, sexual orientation, marital status, age, nationality or disability.

#### Weekend Events Happening at The Westchester Nature Centers

The following events will take place Saturday, Oct. 12:

A fall foliage hike will begin at 10 a.m. at the Trailside Nature Museum at Ward Pound Ridge Reservation in Cross River. Search the park for fall colors and enjoy some of the most scenic views of the reservation.

A guided tour of the glass orchids at Cranberry Lake Preserve in north White Plains will take place at 10 a.m. Join artist David Licata for a tour of the trails in search of his creations that are on exhibit

A hawk watch will begin at 10 a.m. at the Lenoir Preserve in Yonkers. Join members of Hudson River Audubon for sightings of birds of prey migrating along the Hudson River.

Volunteer Work Corps Day will begin at

10 a.m. at the Edith G. Read Wildlife Sanctuary at Playland Park in Rye. Help remove invasive plants, do trail maintenance and clear trash

from the beach.

The following events will take place Sunday, Oct. 13:

An opening reception for the annual Marshlands Photography Exhibit will take place at 2 p.m. at the Marshlands Conservancy, Route 1 in Rye. View an exhibit of photos taken by visitors to the preserve. This exhibit is co-sponsored by Friends of Marshlands Conservancy, and will be on view weekends only through Dec. 8.

For more information about the Westchester County Nature Centers, go to www.westchestergov.com/parks or call 914-864-PARK.

#### **Police Precinct Meets**

The Third Precinct Police Community Council will hold its next regular monthly meeting Tuesday, Oct. 15 at 7:30 p.m. at the Chema Community Center, 435 Riverdale Ave. The usual, quality-of-life concerns will be discussed.

Residents and merchants of the southwest Yonkers area are encouraged to attend this important meeting.

For more information, call 914-476-2284 or 914-377-7427.



#### Bramson & Rotanelli Open Joint Campaign Headquarters



Joining council president candidate Michael Rotanelli at the podium, and County Executive candidate Noam Bramson, front row fourth from left, at the campaign office opening are (from left) Councilman Christopher Johnson, County Board candidate Rocky Richard, Democratic council candidate for the Second District Corazon Pineda, Council President Chuck Lesnick, Yonkers Democratic Party Chair Symra Brandon, Mayor Mike Spano, Judge Arthur Doran III, Councilman Wilson Terrero, Fourth Council Democratic candidate Tim Theotokatos, and State

Yonkers City Council President candidate Michael Rotanelli and County Executive candidate Noam Bramson opened a joint campaign headquarters last week at 1150 Yonkers Ave. They

were joined for the official opening by State Sen. Andrea Stewart-Cousins and George Lattimer, Assemblywoman Shelly Mayer, Mayor Mike Spano, City Council President Chuck Lesnick, City Councilmember Christopher Johnson, Majority Leader Wilson Terrero, Councilmember Michael Sabatino, Yonkers Democratic Party Chair Symra Brandon, Judge Doran, County Legislator candidates Rochelle "Rocky" Richard for District 14 and Delfim Heusler for District 15, and City Council candidates Corazon Pineda for District 2 and Euthimios Theotokatos for District 4.

### **Yonkers Public Schools Holds** 2nd College Board Testing Day

Providing its high school students equitable access to College Board assessments that support post-secondary aspirations, Yonkers Public Schools will hold its second annual College Board Testing Day on Wednesday, Oct. 16. At no cost to families, students will be provided in-school SAT (grade 12), PSAT (grades 10 and 11) and ReadiStep (grade nine) exams.

The three assessments are vertically aligned to measure similar skills in three basic areas: critical reading, writing skills and math-

"The district is driven to enhance its college-going culture by providing students access to resources that support their educational journey beyond high school," said Superintendent of Schools Bernard Pierorazio.

He explained that because the SAT is integral to the college admissions process, it is imperative that each student be given the opportunity to take the exam. "This in-school event ensures that our 12th-grade students sit for the SAT, either for the first time or as an opportunity to increase one's previous score, and our ninth- through 11th-grade students take supplemental assessments known to support one's performance on the SAT."

The district's College Board Testing Day was introduced last year in conjunction with the College Board-sponsored SAT School Day program, which takes place in limited districts across the country. While the SAT School Day program invites 11th- and 12th-grade students to take the SAT during the school day, Yonkers' College Board Testing Day is unique, expanding outreach to ninth- and 10th-grade students, as well.

"The ReadiStep, PSAT and SAT serve as an assessment system that aligns with the Common Core Standards and provides a progressive measurement of college-readiness. In this way, each exam serves as a benchmark for our educators, allowing them to monitor student progress and target areas in need of improvement," said Yonkers Board of Education President Dr. Nader Sayegh.

College Board Testing Day extends the district's ongoing initiatives to make college a reality for students. This summer's inaugural Collegiate Academy afforded high school students the chance to earn up to three college credits, and partnerships with local colleges and universities provide summer programs that introduce students to campus life while providing advanced lessons highlighting a facet of the science, technology, engineering and mathematics curriculum.

In 2011, Yonkers Public Schools was named to the College Board AP District Honor Roll for increasing access to advanced placement coursework while maintaining or increasing the percentage of students earning scores of 3 or higher on AP exams. In October, the district plans to launch an After-Dark Advanced Placement Academy to provide even more AP

Assistant Superintendent of Secondary Instruction and Supervision Dr. Edwin Quezada explained: "The Academy expands access to college-level classes and the potential to earn college credit by providing an after-school opportunity. Students may now register for AP courses that their current schedule, or class size limitations, previously prevented them from taking."

Wednesday, Oct. 16 is a mandatory school day for high school students. The day begins at the normally-scheduled time, 7:45 a.m.; dismissal for ninth-, 10th- and 11th-grade students takes place at 11:30 a.m.; and district 12th-grade students dismiss after the completion of the SAT exam.

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# **Voters Endorses McLaughlin** The New York League

**NY League of Conservations** 

of Conservation Voters, which works to make environmental sustainability a top political and policy priority in New York State, has announced its endorsement of Liam McLaughlin for Yonkers City Council president.

"The Yonkers City Council needs a leader who can strengthen the city and its economy, while also advancing environmental protection and improving quality of life," said New York League

of Conservation President Marcia Bystryn. date Grace Borrani, the Board of Elections "That person is Liam McLaughlin. Because certified McLaughlin as the winner in the of his record of accomplishment and vision for an even greener, stronger Yonkers, we are proud to endorse Liam McLaughlin for president of the Yonkers City Council."

Serving as the majority and minority leader of the Yonkers City Council, McLaughlin played a prominent role in the creation of the Environmental Policy and Protection Committee, as well as in the creation of the council's Green Policy Task Force. He has also been a champion for cleaner air, as evidenced by his efforts to pass a seasonal ban on leaf blowers and to retrofit school buses in Yonkers.

McLaughlin is a strong supporter of energy efficiency initiatives and has worked to integrate LEED and Energy Star standards into the building code in Yonkers.

"Throughout my professional career I have thought globally and acted locally to advance the companion causes of environmental protection, sustainable development and ensuring a clean energy future," said McLaughlin. "I am particularly proud of the New York League of Conservation Voters' endorsement because it's not only a validation of the many things we did to clean up and protect the environment during my tenure on the City Council, it is also an affirmation of my firm commitment to sustainable practices and policies for the future of Yonkers."

The NYLCV endorsement is significant because the organization typically backs Democratic candidates for elected office, and its support is evidence of McLaughlin receiv-



Council president candidate Liam McLaughlin.

ing the backing from a cross-section of the Yonkers community.

McLaughlin, a Republican, is also running on the Independence and Conservative Party lines, and the endorsement from the NYLCV may be the first in several endorsements from other organizations that usually go to Democratic candidates.

After a lengthy court battle with the leaders of the Westchester Conservative Party and fellow council president candi-

Conservative Party primary, held last month.

With Borrani appearing on the Conservative ballot, McLaughlin supporters launched a write-in campaign and won easily, with 295 write-in votes to 71 votes for Borrani. The Board of Elections finally certified the election results Oct. 1; the ballots had to be hand-

The victory for McLaughlin is clearly a defeat for County Conservative Chairman Hugh Fox, who attempted to keep the ballot line from McLaughlin by supporting Borrani, but did not have the support from members of the Conservative Party in Yonkers to deny him. McLaughlin has run on the Conservative line in his his successful runs for City Coun-

"I want to thank the Conservative Party voters who came out in last month's primary and put their faith in me to lead Yonkers' City Council," said McLaughlin. "We're running a positive campaign, talking about how we can build a better Yonkers together, and I welcome the Conservative Party to that effort."

McLaughlin is now the only candidate in the race for City Council president with more than one party line. "This campaign is far from over," he said. "We have a little more than a month to go, and we're working hard to meet every voter in every part of this city to spread our message of job and economic growth, better schools, and safe, strong neighborhoods for everyone in Yonkers."

To learn more about Liam McLaughlin, go to www.McLaughlin2013.com.



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THE CITY OF YONKERS, BUREAU OF PURCHASING, City Hall, 40 South Broadway, Room 102, Yonkers, New York 10701, will receive sealed Bids and Proposals for the following projects until 2:00 PM, on the dates below. Sealed Bids will be publicly opened and read at the address above. Solicitation documents are available for downloading from the Empire State Purchasing Group website at http://www.empirestatebidsystem. com/. The City welcomes and encourages participation by local and minority and women owned business enterprises.

Ext.300N

- 1. Bid-5792 Opening date 10/23/2013 purchase of bulk quantities of various types of automotive fluids
- ${\it Bid-5798-Opening\ date\ 10/23/2013-repair\ services\ for\ American\ LaFrance\ fire}$
- Bid-5799 Opening date 10/23/2013 fire apparatus pump testing & repair ser-
- Bid-5804 Opening date 10/23/2013 repair services for Smeal fire apparatus. Bid-5808 – Opening date 10/23/2013 – provide meals for detainees at City Jail.
- Bid-5781 Opening date 10/30/2013 manufacture one CBRNE emergency sup-
- port vehicle per Yonkers specifications. Bid-5800 – Opening date 10/30/2013 –stand-by services for snow removal on an as
- Bid-5801 Opening date 10/30/2013 -tire recapping & repair services.
- Bid-5807 Opening date 10/30/2013 furnish & deliver emergency medical supnlies as needed Bid-5787 - Opening date 11/06/2013 - purchase of up to 3 refuse vehicles per
- Yonkers specifications.
- Bid-5788 Opening date 11/06/2013 purchase of 2 model year 2013 or newer vans per Yonkers specifications mounted with Dur-A-Lift mode DVS-29 or equal
- 12. Bid-5789 Opening date 11/06/2013 conversion of 20 vehicles from gas to propane fuel.
- Bid-5790 Opening date 11/06/2013 furnish & install new elevator at Chema Center per Yonkers specifications.
- Bid-5791 Opening date 11/06/2013 alignment & condition monitoring of 11 electric powered centrifugal high service pumps & motors.
- Bid-5793 Opening date 11/06/2013 purchase of up to 3 roll-off vehicles per Yonkers specifications.
- Bid-5810 Opening date 11/06/2013 rehabilitation of sanitary sewer under Hawthorne Avenue
- Bid-5802 Opening date 11/13/2013 purchase of 22 foam-filled tires for front-end Bid-5795 – Opening date 11/13/2013 – purchase of main & gutter brooms for Elgin
- Bid-5811 Opening date 11/13/2013 purchase of repair parts for Elgin sweepers
- Bid-5809 Opening date 11/20/2013 construction of electrical upgrades at the Riverfront Library. 21. RFP-272 - Due 11/20/2013 - asbestos abatement inspection, planning & design,
- and project management services.

#1209 10/11/2013

#### This, Too

#### Continued from Page 3

Washington are under tension caused by the government shutdown - and folks are secondguessing the actions of the Secret Service and Capitol police instead of congratulating them on a job well done? Makes no sense to me.

Computer systems crash all the time when they are overloaded; millions of Americans go online to find out their options under the Affordable Health Care Act, also known as Obamacare...there are bound to be glitches in the system. Considering that sign-up for the new plans

did not have to be completed Oct. 1, everyone needs to simmer down.

Good news of the week: This year looks to be a great year for New York State wine. A warm, early spring followed by a cold spell and a dry summer are all pluses for the New York wine industry. Grapes have a higher sugar content due to the warm, dry summer. So let's toast

New York State with a glass of New York wine. But please, if you drink, don't drive. The pages of our newspapers are filled with way too many sad drinking and driving stories - on land

Reach Eric Schoen at thistooisyonkers@ aol.com. Follow him on Twitter @ericyonkers.

#### **Yonkers Debuts Film Festival**

The Yonkers Film Festival

By Dan Murphy

The City of Yonkers will have its first film festival, called "YoFi," on the weekend of Oct. 11 to 13 at the Riverfront Library. The event will be three days of residents and visitors watching and talking about movies, and a chance to see new works by emerging artists, including a few from Yonkers and several from Westchester.

Screenings include features, shorts, music videos, animation and student works. Saturday and Sunday feature screenings and workshops for kids in the morning and a "mini film school" in the afternoon with workshops on the business of film, production, locations, post production, screenwriting and breaking into the business, all led by working industry professionals. There will also be a series of small-audience

screenings where participants get the very special chance to watch a film with the filmmakers (including directors, producers and members of cast and crew) followed by a question-and-answer session where they get the unique opportunity to ask questions about the movie and the challenges of making it, as well as hear stories from the trenches of the indie-film world.

YoFi Fest has announced 52 films - out of hundreds of submissions that came from all over the world – that will be featured at the film festival. Films by Yonkers artists, or films about Yonkers, include:

"Lost Rivers," a documentary that includes the successful daylighting of the Saw Mill River in

downtown Yonkers. Two films by Yonkers natives -"Liberator," co-written and produced by Jim Cirile, and "The Mirror," directed by William Dickerson.

Yonkers student Steve Miosku directed "A Tale of Two Bakers."

Yonkers City Councilman Michael Sabatino is featured in "March On," which tells the story of the Equality Movement through the lives of five families and celebrates the many faces of

County Legislator Virginia Perez directed a short film titled "Ode to Gaia."

YoFi Fest was founded by producer, filmmaker and Yonkers resident Dave Steck. "Westchester has a lot of talent in it," he said. "I thought it would be nice to have film professionals be able to do stuff close to home because we usually have to go to city."

Sponsors of YoFi Fest include Yonkers Contracting Company, Empire City Casino, Cross County Shopping Center, and Yonkers Tennis, with support also coming from the City of Yonkers and the Westchester Office of Film and

For a complete list of films and schedules, or to purchase tickets visit www.YoFiFest.com.

## **Legal Notices**

Notice is hereby given that LTF Club Operations Company, Inc. d/b/a Life Time Fitness has applied for a license, NUMBER PENDING, to sell Beer and Wine at retail in a health club under the Alcoholic Beverage Control Law at 1 Westchester Park Drive, Harrison, Westchester County for on premises consumption. LTF Club Operations Company, Inc. d/b/a Life Time Fitness.

# 3078 9/13 - 9/20

Notice of formation of American Rational Coaching LLC. Arts. Of Org. filed with the Sect'y of State of NY (SSNY) on 09/05/2013. Office location: Westchester County. The street address is: 123 Mamaroneck Ave Unit 312, Mamaroneck, NY 10543. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process served to: I G Sam Hayek, 123 Mamaroneck Ave Unit 312, Mamaroneck, NY 10543. Purpose: any lawful act or activity.

# 6458 9/27/13 - 11/01/13

Notice of formation of a domestic Professional Limited Liability Company (PLLC). Name: Gen Ohkawa DDS PLLC. Articles of Organization were filed with the Secretary of State of NY (SSNY) on 09/03/2013. Office location: Westchester County. SSNY is designated as agent of the PLLC upon whom process against the PLLC may be served. SSNY shall mail a copy of process to: Gen Ohkawa DDS PLLC, Attn: Gen Ohkawa, 133-47 Sanford Ave #5D, Flushing, NY 11355. Purpose: Practice

#6459 9/27 - 11/01

of Dentistry

Notice is hereby given that Los Molcajetes #2, LTD, has applied for a license, #1273368. to sell BEER. LI-QUOR AND WINE at retail in a restaurant under the Alcoholic Beverage Control Law at 142 Union Ave. New Rochelle, NY 10528, County: Westchester for on premises consumption.

#3081 10/4/13- 10/11/13

Legal Notice

Notice is hereby given that a license, number pending, for beer has been applied for by El Rincon Ltd to sell BEER, LIQUOR AND WINE at retail in a restaurant under the Alcoholic Beverage Control Law at 108, 110 Union Ave, New Rochelle, NY 10528, County: Westchester for on premises consumption.

#3082 10/11/13- 10/18/13

#### REQUEST FOR PROPOSAL

-for-

#### **ELEVATOR SERVICE, MAINTENANCE AND REPAIR**

THE MUNICIPAL HOUSING AUTHORITY FOR THE CITY OF YONKERS, "PHA", will receive proposals for SERVICE, MAINTENANCE, AND REPAIR OF THE PHA'S EL-EVATORS on Friday November 1, 2013 until 2:00pm at the office of the MHACY, 1511 Central Park Avenue, Yonkers, NY 10710.

Sealed, separate proposals are invited by elevator maintenance contractors for the above work at the following locations: NY3-3 Schlobohm Houses; NY3-4Walsh Homes; NY3-5 Calcagno Homes; NY3-6A Curran Court and Augustine J. Shea Administration Building; NY3-7 Flynn Manor; NY3-9 Cottage Place Gardens; NY3-10A Martinelli Manor; NY3-10B Troy Manor.

Bid Documents are on file at the office of the MHACY, Augustine J. Shea Building, 1511 Central Park Avenue, Yonkers, NY, and may be obtained in person with a non-refundable payment of Fifty dollars (\$50.00) Company Check or Money Order only. The proposals will be reviewed, rated and ranked by the PHA and awarded to the most responsible proposal, which is most advantageous to the PHA.

Bid security in the form of a Money Order, Certified Check or Cashier's Check, made payable to The Municipal Housing Authority for the City of Yonkers or a satisfactory bid bond executed by the bidder and a surety company in a amount not less than five percent (5%) of the dollar amount equal to one year of service. Bidders must satisfy themselves by personal examination of the proposed work and shall not, at anytime after submission of Proposal, dispute or complain nor assert that there was any misunderstanding in regard to the nature or amount of the work to be done.

The PHA is an equal opportunity employer and reserves the right to reject any and all proposals or to waive any informality in the procurement procedure and if only one proposal is received, to return it unopened to the bidder. No proposal shall be withdrawn for a period of sixty (60) days subsequent to the opening of bids.

THE MUNICIPAL HOUISNG AUTHORITY FOR THE CITY OF YONKERS

**Executive Director** 

JOSEPH SCHULDINER

# 1208 10/11/2013

# Seniors and Health Care

#### You've Just Stepped Into the Retirement Zone

Social Security Assistant District Manager in

You are about to enter another dimension: A dimension not only of work and earnings, but of pension and leisure; a journey into a wondrous land of imagination. You unlock this door with Social Security's retirement estimator and online benefit application.

Next stop...the retirement zone.

That's not exactly sticking to the original script, but some television viewers may be hearing the voice of Rod Serling ringing in their heads right now. The Twilight Zone first aired in 1959 and ran for five seasons - and continues to live on in reruns. The series took viewers through amazing journeys with each episode featuring characters whom faced unusual or extraordinary circum-

If you're nearing retirement now, it may seem an extraordinary circumstance that these days you really can do it all from the comfort of your home or office computer. Amazing but true: You can do so much online, including getting an estimate of future benefits, testing different retirement scenarios, completing and submitting your retirement application online, and more.

Picture a man: A man sitting at his home computer. He isn't sure whether he should apply now,

wait until he reaches full retirement age, or work a little longer and begin receiving benefits at age 70. He's about to find out...with a visit to the retirement estimator.

The estimator uses his past earnings and allows him to enter variable future earnings and retirement dates to complete the picture of a retirement he'd like to live.

Imagine a woman: A woman with a laptop computer enjoying a hot cup of java at her favorite coffee house. She's done with planning and has decided it's time to take the plunge and retire. Before going to a local Social Security office as her parents and older siblings did, she visits www. socialsecurity.gov and discovers she can complete the entire application online and submit it in about 15 minutes. As in most cases, there are no papers to sign and no documents to provide.

She ventures from www.socialsecurity.gov to an audio book and closes her eyes to begin enjoying her retirement.

Back when The Twilight Zone first hit TVV screens, the idea of testing out retirement scenarios or even completing and submitting a retirement application online would have been science fiction fodder fit for an episode of the program. Today, it

Try it out for yourself. Visit www.socialsecurity.gov and take a visit into...the retirement zone.

#### **Residents Applaud Prescription Discount Card Program**

Westchester residents have saved about \$1.3 million by using the ProAct Prescription Discount Card, announced County Executive Robert Astorino last week. The county administration introduced the ProAct card in July 2012, and since then, about 24,000 prescriptions have been filled at discount prices.

On average, Westchester residents using the ProAct card have saved more than \$54 on each prescription, a savings of 53 percent for each us-

"People are saving some serious money by using the ProAct card, and the best part is that these savings come at absolutely no cost to the county or taxpayers," said Astorino. "Especially as the cost of medications becomes a bigger burden, it is encouraging to see that we can help put money back into people's pockets."

ProAct discounts are made possible through negotiated rates with participating locations.

Residents who regularly use the ProAct card joined Astorino at Valuable Drugs Pharmacy on Tarrytown Road in White Plains recently to share their stories.

Lois Solomon-Neal of Greenburgh said she saves about \$75 every month by using the ProAct card: she and her husband fill five prescriptions each month, for a total cost of \$62.

Without ProAct, the cost would jump to

"This is life or death. My husband has to have these medications," said Solomon-Neal. "This program helps us tremendously. It's either you get the medicines or you get food. It's that serious."

The ProAct card is completely free for the county and residents who use it. The program also covers prescription pet medications that can be filled at a regular retail pharmacy, as well as discounted vision and hearing benefits. Dental benefits are available for a small fee.

ProAct initially mailed a card to every household in Westchester, but additional cards can be printed at www.NYRxDiscountCard.com. Cards are also available at county offices. Roy Giuliano, supervising pharmacist at Valuable Drugs Pharmacy, keeps a ProAct card at his register.

"Compared to other discount cards, ProAct by far provides the best savings and it is the easiest for both us and our customers to use," he said. "We always have one handy; it's part of making sure we give our customers the best price pos-

The discounts are designed for residents who do not have insurance or whose insurance doesn't cover particular drugs. The cards, which are completely anonymous, cannot be used in conjunction with any other type of insurance or to discount copays. The program covers all prescription medications – brand name or generic. ProAct is accepted at most Westchester

County pharmacies and can be used nationwide at any of more than 56,000 participating locations. Endorsed by the New York State Association of Counties, the program is now offered by more than half of the counties in New York.

"With skyrocketing drug costs, this program provides much needed financial relief at the pharmacy counter," said Terrence O'Neill, ProAct pro-

Additional dental benefits are also available through the ProAct card, although there is a fee of \$36.50 for an individual and \$52 for a family. Once you sign up for the dental program, the fee is typically offset after one standard visit, according

For more information, including a listing of participating pharmacies, call toll-free 877-776-2285 or visit www.NYRxDiscountCard.com.

## 'Living Well' Workshops Start In Yonkers and Sleepy Hollow

"Living Well" workshops, which help seniors with chronic conditions enhance their quality of life by learning how to manage their health issues, will take place in Yonkers and in Sleepy Hollow starting this month. The series runs for 2 ½ hours a week for six weeks.

Chronic conditions include arthritis, highblood pressure, pain, depression and diabetes.

Living Well empowers seniors to understand more about the importance of physical activity and exercise, and healthy eating. They also learn how to manage stress, use their medications correctly and improve communications with their health care providers and

The program comes under the umbrella of the Livable Communities Initiative, the signature project of Westchester County's Department of Senior Programs and Services.

The series in Yonkers will take place

Tuesdays through Nov. 19 (no class on Election Day, Nov. 5) from 9:30 a.m. to noon at the North Yonkers Preservation and Development Corp., 219 Ridge Ave. To sign up, contact Kirsten Kodl, coordinator of the Yonkers Office for the Aging, at 914-377-6806 or kirsten. kodl@yonkersny.go.

The program in Sleepy Hollow will take place Fridays from Oct. 18 to Nov. 22 from 10 a.m. to 12:30 p.m. at Phelps Memorial Hospital Center, 701 N. Broadway. To sign up, contact Ellen Woods, Phelps' vitality program manager, at 914-366-3937 or ewoods@pmhc.us.

Workshop leaders are trained volunteers who follow a model developed by the Division of Family and Community Medicine at Stanford University's School of Medicine. They also receive additional training. Living Well does not replace your health care team; rather, it helps to achieve better health outcomes.

#### St. John's Celebrating 50 Years Of Andrus Pavilion with Gala St. John's Riverside Hospital will hold its an-

nual gala Friday, Oct. 25 at Glen Island Harbour Club New Rochelle. This year the hospital will be celebrating the 50-year anniversary of the Andrus

The proceeds from this evening will go toward the renovation and expansion of the Iris and Marty Walshin Emergency Department.

This year's grand raffle prize is a 13-day trip for two to China valued at \$10,000, donated by Pacific Delight Tours; experience historic Beijing, ancient Xi'an, cosmopolitan Shanghai and a scenic Yangtze River luxury cruise. There are only 200 tickets to be sold at \$50 per ticket.

Tickets can be purchased at the administrative

window on the main floor at St. John's Riverside Hospital, Andrus Pavilion, 967 N. Broadway, Yonkers. The drawing will take place at the Gala; winner need not be present. For more details, visit www.RiversideHealth.

St. John's Riverside Hospital, in collaboration with the Rotary Club of East Yonkers, will also

host its annual community pancake breakfast, on Sunday, Oct. 20 from 9 a.m. to noon in the hospital cafeteria. The cost is \$6 for adults, and \$5 for se-

Proceeds from this community benefit the food pantries in Yonkers, scholarships to Yonkers students, and financial aid for local organizations.

#### **Medicare Enrollment for 2014** Is From Oct. 15 to Dec. 7

Seniors who want to change their Medicare health plan and Part D coverage for prescription drugs for 2014 can enroll from Oct. 15 to Dec. 7. During that period, they are eligible to move in or out of any type of Medicare coverage they choose. They can also switch to a new health or drug plan or drop their health plan and return to original Medicare.

All changes take effect Jan. 1.

Seniors who want help in selecting the plan that best suits their needs should call the year-round Medicare Help Line of Westchester County's Department of Senior Programs and Services at 914-813-6100.

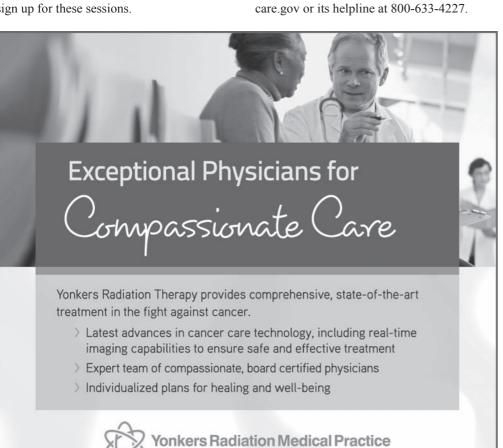
Information on how to select a new health plan will also be discussed at free "Medicare basics" workshops, on Oct. 10, Nov. 7 and Dec. 12, from 10 to 11:30 a.m. on the eighth floor of the County Office Building, 9 S. First Ave., Mount Vernon. Also call the Help Line to sign up for these sessions.

Even seniors who are satisfied with their current plans should review mailings they received from their insurance companies with information about changes to that plan for 2014. For example, it is possible the next year's plan would have a new monthly premium, new deductibles and new co-payments. Seniors should also check that the 2014 plan will continue to cover their current medications and will continue to work with their pharmacy.

In addition to the county's Medicare Information Line, free help is available from the Senior Benefits Information Centers that are sponsored by the Westchester Library System and the Medicare Rights Center.

\* Grinton I. Will Library, 1500 Central Park Ave., Yonkers; Tuesdays, 10 a.m. to 1 p.m. and Thursdays, 11 a.m. to 3 p.m.

Seniors can also find help at the federal government's Medicare website at www.medi-



# Saint Joseph's Medical Center



Setting the standard for care

Saint Joseph's Medical Center has been meeting the health care needs of Yonkers and surrounding communities since 1888. Saint Joseph's Medical Center consists of a 194-bed acute care teaching hospital; a 200-bed nursing home; St. Vincent's Hospital Westchester, a 138-bed psychiatric facility; comprehensive out-patient programs and is a sponsor of low income senior housing for frail elderly.

Today Saint Joseph's offers:

- An expanded Ambulatory Surgery
- On-site 64 slice spiral CT Scanner and Magnetic Resonance Imaging
- Dedicated hospital-based Inpatient Renal Dialysis Services
- One of the busiest Emergency Services in Westchester County
- A Designated Stroke Center Comprehensive Mental Health
- A Family Health Center to provide affordable primary care
- Oncology Services

- Geriatrics Services and 165 units of
- Senior Housing A State-of-the-art Department of
- Surgery Pain Management
- The first accredited Family Medicine Residency Program in Westchester
- Highly advanced diagnostic services, with a full range of rehabilitative therapies
- Women's Health Services, including accredited low-dose mammography
- Patient Representatives and Pastoral Care for spiritual and emotional support

For more information, call or visit: 914-378-7000 • www.saintjosephs.org. Saint Joseph's Medical Center • 127 South Broadway • Yonkers, NY 10701

970 North Broadway, Suite 101

Yonkers, NY 10701

# Retter to the Editor

#### **Voters Care About Animals and** We're Voting for Rob Astorino

Animal Defenders of Westchester and its adjunct Westchester4Geese, hereby announce our endorsement of incumbent Rob Astorino in the upcoming election for Westchester county executive.

The current administration, under Rob Astorino, has been responsive and welcoming to our communications and requests for assistance on animal protection issues in Westchester County, for well over a year now, beginning in 2012 before any election issues were on the horizon.

Beginning in November 2012, we requested and were granted a series of meetings with representatives of the County Executive's Office about the killing of geese at the Sprain Lake Golf Course. These meetings were covered by major market media sources, including Fox News, WPIX, WCBS, Newsday and News 12. The outcome was the willingness by the county to work with us to avoid further geese slaughters...and the discovery, by the county, of a device called "The Goosinator," which humanely disburses geese from the golf

Upon our request, county representatives graciously showed up in the evening to the Geese and Wildlife Summit, an event we held June 20, to educate the public and local officials about living in peace with wildlife and the various humane disbursal methods that are available; we had asked the county to demonstrate "The Goosinator," which they gladly did, bringing along the "father" of "The Goosinator" to discuss its effectiveness, which was covered by Newsday, The Journal News and News 12.

The county has always been a prompt respondent to our queries; even when the outcome was not what we preferred, as when we requested its intervention in the anti-geese slaughter effort we fought in multiple separate venues...but it always responded, always tried to work with us, and was always willing to discuss the issue, whatever it was. We are also in talks with CE Astorino's office to bring the first-ever, much-needed, county-endorsed trap/neuter/release initiative to Westchester County, with county support, as has been done in Putnam, Yorktown and several other ven-

In contrast, unfortunately, our attempts to reach out to New Rochelle CE challenger Noam Bramson have been completely ignored, despite media evidence that animal protection was a viable, important issue for voters here; two separate invitations to the Geese and Wildlife Seminar garnered no response from Bramson, without even the courtesy of a polite acknowledgement of any kind, while representatives from Mamaroneck, Larchmont and Scarsdale showed up in support, and others at

Furthermore, attempts to ascertain New Rochelle's position on possible geese "culls" there were ignored. In addition, although most animal shelters have "issues" in addition to being overcrowded, we believe Mayor Bramson might give more attention to the one in his venue, which tells people who've found stray cats to "put them back in the street" - an inhumane, highly questionable recommendation from an agency mandated to protect animals – and which utilizes the troubling "temperament training" methods of a "trainer" who blithely recommends slaughter for a starved, abused animal who tries to protect his food dish.

Kiley Blackman, founder of Animal Defenders of Westchester and Westchester-4Geese, said: "There is a burgeoning group of Westchester resident voters who care about animals and will not tolerate them being killed or abused for any reason. The victories against geese slaughters in Scarsdale, Mamaroneck, Yonkers and Larchmont were won by Westchester residents in conjunction with many other advocates from all over New York, and clearly indicate the concern for humane treatment of our wildlife, etc., and they've shown their willingness to demonstrate their support.

"We have been basically pleased and encouraged by the responsiveness and respect afforded to us by County Executive Rob Astorino's office for our humane animal advocacy and protection causes. Although of course we'd prefer the geese to be left alone, we understand that we need to work together with segments of the community who don't enjoy the presence of the geese as we do – and we will, so long as they avoid killing them. In all our advocacy efforts the county, under the leadership of Astorino, has been receptive and gracious; again, this does not mean we've gotten all our requests granted - for example, they know we are vehemently opposed to the current bow hunt of deer in five area parks and we still urge them to implement the birth control program being used by Hastings – but it communicates with us in a timely and open fashion, indicating its willingness to discuss and consider our position.

"We always want more for the animals always; but at least with Mr., Astorino's office we have assurances that his 'door is open' for us, our causes will be listened to, given serious consideration and granted whenever possible. His office has provided a voice for the voiceless and for this reason we support his candidacy in Westchester."

**Animal Defenders of Westchester** 

#### Wartburg Honored for Achievement In Providing Services for the Aging



From left, Yonkers First Lady Mary Calvi, an anchor at CBS2 News; David Gentner, CEO and president at Wartburg; and Mae Carpenter of the Westchester County Department of Senior Programs and Services. Photo by Charlotte Abram.

Wartburg received the prestigious Golden Harvest Corporate Award from the Westchester Public/Private Partnership for Aging Services last week at a Tarrytown breakfast ceremony, where David Gentner, CEO and president, accepted the honor on Wartburg's behalf. The Partnership cited Wartburg's "organizational achievements" in the field of aging in the past

The Public/Private Partnership is a unique alliance of government, business and voluntary service agencies. This year, the partnership put particular emphasis on awarding individuals for "intergenerational planning for successful aging," noting an increased need for these services Several other Westchester service agency

leaders were also honored.

Among its organizational achievements this past year, Wartburg opened the Friedrichs Residence, a four-story building of 61-unit affordable apartments for seniors. And this month, it will open a new multi-level rehabilitation and adult day services pavilion. Gentner, who became president and CEO of Wartburg in January 2011, has been the driving force behind its award winning Creative Aging and Life Long Learning Initiative - recognized for its innovative programs designed to enhance the lives of seniors through

Wartburg is an award-winning provider of comprehensive senior services, including independent living, assisted living, Alzheimer's/dementia care, skilled nursing, rehabilitation and hospice care. Its 34-acre campus in Mount Vernon serves seniors and their families in southern Westchester and the northern Bronx. Wartburg's nursing home has been recognized by "U. S. News and World Report" as among the most elite nursing homes in New York State.

#### **Make Rudy Part of Your Family**



Rudy is looking for an owner.

The Yonkers Animal Shelter has many pets

Rudy is about 6 or 7 months old and weights about 40 pounds. He is a sweet and well-be-

haved pup who likes walks and playtime, and has a very nice temperament. Rudy likes the other dogs he has met, but has not yet met the cats. He was a stray from the streets of Yonkers; a family found him and wish they could have kept him, but they could not have a dog where they Visit Rudy at the

Yonkers Animal Shelter, 120 Fullerton Ave. Hours are 11 a.m. to 3:30 p.m. weekdays and noon to 3:30 p.m.

weekends. Inquiries may be emailed to LeslieM147@ gmail.com or by phone to 914-377-6730 during business.

#### **Bob's Discount Furniture to Award \$45K for Arts Programs**

Bob's Discount Furniture announced last week that it will award \$45,000 in cultural grants to schools across the northeast and mid-Atlantic states through its eighth annual Celebrate the Arts contest, led by the company's Outreach Program and designed to support and maintain visual, creative and performing arts in schools.

Bob's Outreach is accepting contest entries through Oct. 31, after which it will select nine

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Member of the New York **Press Association** 914-965-4000 Fax 914-965-2892 25 Warburton Ave, Yonkers, www.risingmediagroup.com

Yonkers Rising - USPS Permit #7164 is published weekly by Rising Media Group, LLC 25 Warburton Ave., Yonkers, N.Y. 10701 Periodicals Postage Paid • Yonkers, N.Y.

**POSTMASTER** Send address changes to:

Rising Media Group, LLC, 25 Warburton Ave., Yonkers, N.Y. 10701

schools to receive \$5,000 grants to support cultural arts contests during the current school year.

Each year, Bob's Outreach receives thousands of submissions and randomly selects one kindergarten-through-grade-12 school in Connecticut, Maine, Massachusetts, Maryland, New Hampshire, New Jersey, New York, Rhode Island and Virginia, where the company's furniture stores are located. Following the schools' selection, the Bob's Outreach team visits each winning school to award the grant and visit with students and faculty.

Bob's Discount Furniture started the Celebrate the Arts contest in 2006 after observing school districts in many of the communities it serves scaling back their fine arts programs and cultural arts assemblies.

"Cultural arts programs are all too often the first targets for elimination when schools must make budget cuts," said Public Relations Director Cathy Poulin. "Bob's wants to keep the arts in schools, which is why we are so pleased to continue hosting the annual Celebrate the Arts grant contest."

"We are incredibly grateful to Bob's Discount Furniture for the \$5,000 grant we received in support of cultural arts at East Catholic High School," said Jay Hartling, principal of East Catholic High School in Manchester, Conn., one of last year's contest winners. "This grant allows East Catholic to provide excellence in all that we do and really showcase our fine arts programming at the school."

Applicants can enter the contest by filling out a form with their personal contact information, as well as their school's information. Entry forms can be found on Bob's Discount Furniture's Facebook page at www.facebook.com/ mybobs. No purchase is necessary.

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#### Diners, Savor the Bounty of HV Restaurant Week this Nov.

Hudson Valley Restaurant Week, the premier dining event of the region, returns Nov. 4 to 17. Featuring more than 150 restaurants across seven counties, it is one of the largest Restaurant Week events in the country. Participating counties include Dutchess, Westchester, Columbia, Orange, Putnam, Rockland and Ulster.

"The Hudson Valley, an emerging culinary destination, plays the perfect host to the event with dozens of world-class wineries and distilleries, the country's foremost cooking school, a rich network of farms, award-wining cheese makers and some of the top chefs in America," said Janet Crawshaw, founder of the event. "Restaurant Week presents a true taste of the Hudson Valley."

Top restaurants highlight the bounty of the region with prix fixe menus, giving diners the opportunity to enjoy exceptional dining at a fraction of the normal cost. The fall lineup is highlighted by several newcomers, including Purdy's Farmer and the Fish, a landmark farm-to-table establishment in North Salem. Reviving the historic Bear Mountain Inn, Restaurant 1915 and the Blue Roof Tapas Bar joins Restaurant Week for the first time, as does Mexicali Blue, a contemporary Mexican restaurant in Wappingers Falls.

Hudson Valley Restaurant Week features three-course dinners for \$29.95 and lunches for \$20.95 (plus beverage, tax and tip).

A complete list of participating restaurants is available at www.HudsonValleyRestaurantWeek.

Join the conversation with Hudson Valley Restaurant Week on Facebook, Twitter, Instagram and Pinterest, hashtag #HVRW. Diners who use the hashtag are eligible for prizes, including free dinners at participating restaurants.

#### **Fibromyalgia Sufferers Wanted**

Honest, caring doctor who has helped 100's of pain sufferers using new painless nerve and nutrition program. Non-invasive, conservative care. Receive free telephone consultation to determine if you qualify for this program.

Call 914-461-3434 for details. All services provided by Dr. Susan C. Friedman, D.C., Wellness Consultant.

#### WHLEA's 17th Annual Scholarship Gala



WHLEA honorees: former Yankee Bernie Williams and Bedford Police Chief William Hayes.



Mayor Mike Spano with WHLEA VP Hector Lopez and guest.

#### Photos by Donna Davis.

The Westchester Hispanic Law Enforcement Association held its 17th annual scholarship gala last week at The Surf Club in New Rochelle. More than 250 guests attended the affair that honored Bedford Police Chief William Hayes and former Yankee great and singer-songwriter Bernie Williams.

Gabrielle Barrea-Fontane and Christopher

Rosa were the 2013 WHLEA scholarship recipients; a silent auction helped raise funds for future scholarships.

Mayor Mike Spano, Mt. Vernon Mayor Ernie Davis and County Executive Rob Astorino were some of the many elected officials and Westchester dignitaries who came out to lend their support.

# Meet the Author:



photo credit: Kolin Smith

Pulitzer Prize-winning journalist JONATHAN SCHUPPE will appear at Yonkers Riverfront Library to talk about his critically acclaimed chronicle of an extraordinary true story:

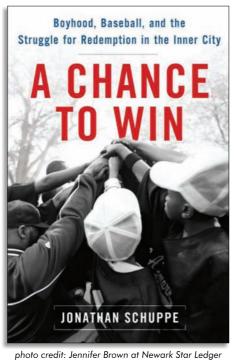
A Chance to Win: Boyhood, Baseball and the Struggle for Redemption in the Inner City

When Rodney Mason, an ex-con drug dealer from Newark's South Ward, was shot and paralyzed, he vowed to turn his life around. A former high-school pitching ace with a 93 mph fastball, Mason decided to form a Little League team to help boys avoid the street life that had claimed his youth and mobility.

The players struggle, but through the fists and tears, lopsided losses and rare victories, this bunch of misfits becomes a team and gives a struggling community something to root for.

Copies of the book will be available for purchase and for autographing by the author.

Light refreshments will be served.



Sunday, October 27, 2013

For more information, call Susan Thaler at 914-375-7941. FREE and open to the public.

2 pm in the Yonkers Room (4th floor)



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#### **Survivors Celebrated at** Westchester Heart Walk



Jim Murphy of Yonkers, fourth from left, poses with members of his Heart Walk team. The team, walking in honor of Murphy, a cardiac arrest survivor, was the top fundraising team at the annual event, which raises awareness and funds for heart programs and research.

The Westchester American Heart Association celebrated local heart disease survivors at its annual Heart Walk last Sunday at Kensico Dam in Valhalla. Teams and individual walkers showed up in force despite the light rain to support the AHA's mission of building healthier lives, free of cardiovascular disease and stroke.

The Heart Walk promotes physical activity and heart-healthy lifestyles and raises funds to support heart disease and stroke research, as well as educational and advocacy programs in the Westchester area. Dozens of large company teams, community groups, families - even pets

- walked for heart health.

One of the largest teams walked in support of Yonkers resident Jimmy Murphy. He suffered sudden cardiac arrest while playing basketball and was saved by the Yonkers Police Department and EMS, who used CPR and an AED to shock his heart back to a normal rhythm.

"Team Jim" raised more than \$9,000 and had more than 200 team members.

Murphy was honored along with Marlena Chase from Nyack, who survived Marfan Syndrome and atrial fibrillation.

**55**Plus

11 am

55Plus EXPO "Navigating Life After 50" October 14, 2013



Fountain Square

#### **ALL EVENTS & PARKING – FREE!**

TIME	EVENTS	LOCATION
9:30 am	RegistrationCoffeeRaffle TicketsExhibitorsParking Validation Pick up Your All-Day Exercise Pass for LA Fitness	Havana Central Restaura
10 am	Opening Session Keynote: "Tips & Tales From the Trenches: Making Order Out of Chaos" Leslie Josel, Author, Coach, TV & Media Personality	EXPO Center

1. Successful Aging **EXPO Center** "Basics of Emergency Preparedness" LL Bean 3. "It is All About Accessorizing: Fall Fashion Trends" Lord & Taylor

Concurrent Workshops (select one)

Concurrent Workshops (select one) Noon **EXPO Center** 4. Making "Cents" of Your Assets: Marc Allen Rosner, Hudson Valley Numismatics "It is In the Cards" - Tarot Card Reading Vera Bradley Irene Kendal, Certified Tarot Card Reader

> Concurrent Workshops (select one) 6. Overview Affordable Care Act **EXPO Center** William Stoner, AARP Director Livable Communities "It is In the Cards" - Tarot Card Reading Vera Bradley Irene Kendal, Certified Tarot Card Reader

Concurrent Workshops (select one) 8. A Matter of Care Giving-Caring for the Caregiver **EXPO Center** Judy Santamaria, Visiting Nurse Services of New York 9. Nature Photography 101 LL Bean

3pm Havana Central Cooking Demonstration **EXPO Center** Wrap-up & Raffle Drawings **EXPO Center** 3:45pm 10am-12pm - Blood Pressure Checked at West Med

10. Yonkers on the Move-Health Walk Around Ridge Hill

Lunch on Your Own...Anytime...Brio & Havana Central are EXPO participating restaurants FOR FURTHER INFORMATION: Cathy Elser, Director 55Plus 914-943-6368 or vonkers55plus@vahoo.com THANK YOU FOR ATTENDING...SEE YOU NEXT YEAR!

11am-2pm Free Flu Shots at EXPO Center 11am-12:30pm Foot Exams at EXPO CENTER



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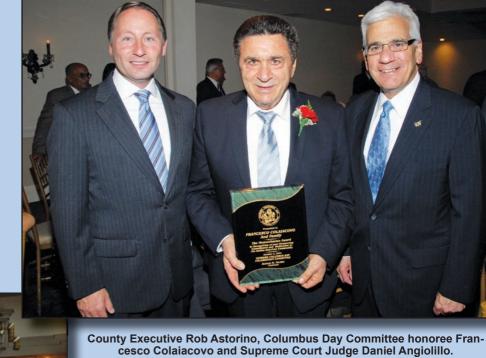
\*Not to be combined with any other promotion. Expires 7/31/13

Yonkers, NY 10710

#### Yonkers Columbus Day Committee Coffee and Dinner/Dance



Assemblymember Shelley Mayer, Miss Columbus 2013 Francesca Annunziata and State Sen. George Latimer.

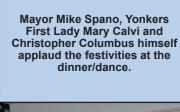




Police Commissioner Charles Gardner.



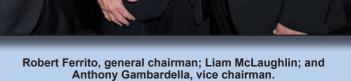
Hall of Fame recipients Judith Koller, Marlaina Koller (holding Madison Rose) and Ed Koller Jr. with family members.





From left, Judge John Sweeney, Steve Cola-icovo, retired Judge Peter Rosato, Francesco Colaiacovo and Judge Mark Dillon.

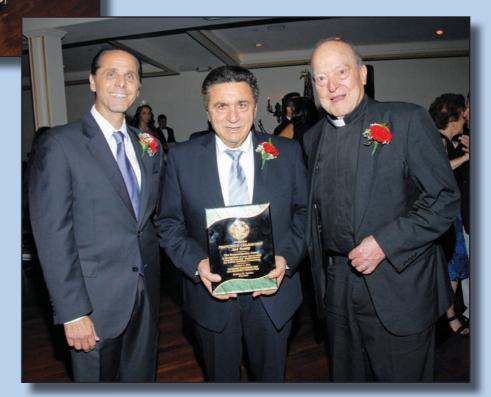




Photos by Ed Whitman



Councilmen Christopher Johnson, Michael Sabatino and Wilson Terrero with Miss Columbus.



Yonkers Columbus Day Committee Celebration Chairman Robert Ferrito with honoree Francesco Colaiacovo and father Terzi Vinzi.